

www.E7Gear.com

Name:	Height:

	1	
1	Neck	
2	Chest	
3	Waist	
4	Hips	
5	Thigh	
6	Around the leg	
7	Inseam	
8	Waist to bottom of the suit	
9	Shoulder to waist	
10	Shoulder to the back of the waist	
11	Top of the shoulder, under the	
	crotch, up the back to the top of the	
	shoulder	
12	Shoulder	
13	Around the armpit	
14	Around the bicep	
15	Shoulder to shoulder	
16	Bottom of the neck to waist	

- Measurements must be taken without any clothes on.
- For measurement #3, the waist is 3 to 4 inches below the belly button. Usually where you wear your pants.
- For measurements #9 & 10, put a belt around your waist. Then measure from the highest point of the shoulder (close to the neck) down to the tip of the belt.
- For measurement #16, start at the bottom of the neck to the tip of the belt.
- For measurement #8, start at the tip of the belt down to the desire length of the suit. (We recommend approximately 4" above the knee).
- For measurement #11, start measuring at the highest point of the shoulder (close to the neck) down to the front of the torso, under the crotch (keep your testicles aside) up the back until you meet the starting point keeping the measuring tape tight.
- For measurement #13, keep your arm down and start measuring at the tip of the shoulder, under the arm, up the back of the arm until you meet the starting point. Keep the measuring tape tight.

